

Services

Mechanical Traction



Orléans Centre for Physiotherapy is unique in the Orleans area because it features a manual traction table.

Spinal decompression has a mechanical effect on the discs in the spine that helps decompress the bulge in the disc and reduce the nerve irritation. The benefits can be long lasting but may require a series of treatments to get excellent results.

Symptoms caused by a bulging disc in neck and back pain that can radiate down the arm or leg; tingling and numbness in the arms or legs. A thorough evaluation by our registered physiotherapists will allow them to determine the most effective strategy to help correct the bulging disc. This may involve using our manual traction table and other equipment as well as providing you with information on exercises, body mechanics and posture.